

PRECONFERENCE COURSE AT COMBINED SECTIONS MEETING

Title: Early Mobility and Walking Program in the ICU

DESCRIPTION:

Physical Therapists working with patients in the ICU face complex challenges due to limited patient mobility due to life support, monitoring equipment, multiple medical problems, and muscle weakness. Selected patients in the ICU benefit from an early mobility and walking program to optimize cardiopulmonary and neuromuscular status. Early mobility can lead to an increase in the patient's quality of life, higher functional capability, and also potentially reduce length of hospital stay with overall reduced costs. This course will guide clinicians through the process of managing mobility issues in adult patients in the ICU. Case reports will be presented to demonstrate how the early mobility and walking program can positively impact the recovery of selected patients in ICU.

OBJECTIVES

Upon completion of this course, you will be able to:

1. Identify basic equipment, lines, and tubes used in the ICU.
2. Identify basic modes of ventilation and ventilator settings.
3. Identify ICU patients who would benefit from early mobility and walking using clinical decision making skills.
4. Understand the importance of function oriented goals for ICU patients.
5. Identify the role of multidisciplinary team members in the management of critical care patients.

Presenter:

Christiane Perme, PT, CCS

Date:

Wednesday, February 17, 2010
8 :00 am to 6:00 pm

Registration information:

Register through APTA online, mail or via phone

Contact:

Jennifer M Ryan, Education Chair
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Pricing:

	Early Bird (by 12/23/2009)	Advance (by 1/20/10)
PT Section Member	\$225.00	\$250.00
PTA Section Member	\$200.00	\$225.00
APTA PT Non-Section Member	\$275.00	\$300.00
APTA PTA Non-Section Member	\$ 250.00	\$275.00
Non-Member	\$300.00	\$325.00
Section Student Member	\$150.00	\$175.00
APTA Student Member	\$175.00	\$200.00
Student Nonmember	\$200.00	\$225.00